

OUTDOOR ODYSSEY PACKING LIST

REQUIRED/HIGHLY SUGGESTED ITEMS

CLOTHING:

- T-shirts (6)
- Athletic shorts (5-6)
- Long pants (sweatpants, leggings, etc., 1-2 pairs)
- Long sleeve shirts (2)
- Sweatshirts (1)
- Socks (7 pairs)
- Undergarments (7 pairs)
- Raincoat or poncho

SLEEP ITEMS:

- Twin-size fitted sheet
- Sleeping bag
- Pillow
- Blanket

FOOTWEAR:

- Athletic shoes (closed toe, 2 pairs)
- Flip flops/shower shoes

PERSONAL HYGIENE ITEMS:

- Towels (at least 2)
- Sunscreen
- Deodorant
- Soap, shampoo, conditioner
- Toothbrush and toothpaste
- Razor and shaving cream
- Hair ties
- Hairbrush

OTHER:

- Water bottle (at least quart sized, preferably bring 2 water bottles)
- Phone charger
- Laundry bag/trash bag for dirty clothes
- Flashlight or headlamp
- Pen or pencil
- Swimsuit (Optional for comfort. Girls: Please bring athletic shorts for modesty)

OPTIONAL ITEMS

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| • Hat | • Journal | • Extra batteries for flashlight or headlamp |
| • Hiking boots | • Sunglasses | • Money for Outdoor Odyssey merchandise on day of graduation |
| • Chapstick | • Waterproof watch | |
| • Snacks (in a sealed container) | • Bug spray | |

Please note: Participants are not permitted to bring any controversial items, which may include weapons (any form of knife or pocket knife), lighters, and vapes/tobacco products. Failure to comply will result in confiscation of the item and/or dismissal.



www.outdoorodyssey.org
email@outdoorodyssey.org
(814) 629-6516

